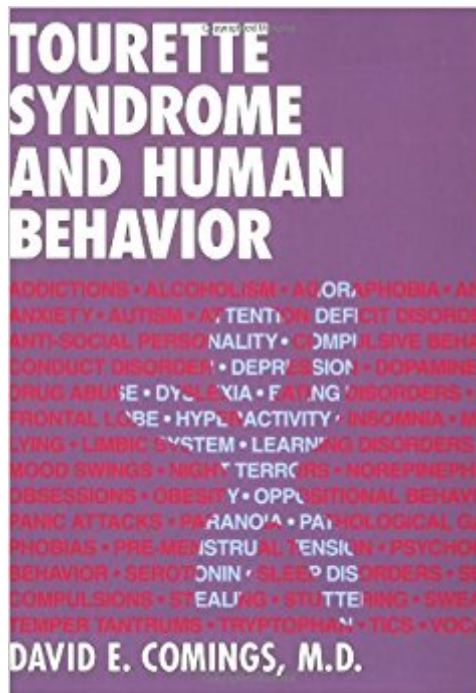




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Tourette Syndrome And Human Behavior



Synopsis

The story of how Tourette syndrome, a common hereditary disorder, provides insights into the cause and treatment of a wide range of human behavioral problems. It covers diagnosis, associated behaviors including Attention Deficit Hyperactivity Disorder, learning disorders, dyslexia, conduct disorder, obsessive-compulsive behaviors, alcoholism, drug abuse, obesity, depression, panic attacks, phobias, night terrors, bed wetting, sleep disturbances, lying, stealing, inappropriate sexual behavior, and others, brain structure and chemistry, treatment and implications for society, over 2,500 references, 30 page Tourette syndrome-Human Behavior Questionnaire, and Extensive index

Book Information

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Customer Reviews

David E. Comings, M.D. is the Director of the Tourette Syndrome Clinic and the Department of Medical Genetics at the City of Hope National Medical Center. This book is based on his personal experience with more than 3,000 Tourette syndrome and 2,000 attention deficit hyperactivity patients and their relatives. Dr. Comings was editor of the American Journal of Human Genetics for eight years and President of the American Society of Human Genetics. He has written over 350 papers on many aspects of genetics and over 100 papers on clinical and genetic aspects of Tourette syndrome.

helpful information, though not an easy book to read.

This has been a very interesting book. It is a large book and there are some technical terms and studies that are a bit hard to understand but I am finding it very interesting and has given me a better understanding of how a Tourette's child thinks and the handicaps that he faces.

lots of information

I, too, have TS. This book was remarkably eye-opening. I especially found helpful the chapters on the good aspects of TS and TS personality characteristics. I'll cut to the chase and give some inside insight. Chances are, as a Tourettic myself, that if one of us is involved in 'delinquent' behavior, it's probably due to our tendency to have a higher intelligence combined with a disgust for hypocrisy in the 'system', so it's probably done just to show how the system has a huge hole in it. (However, I never fell in that category because I figured I'd get caught, so just kept my distaste with what I perceived as hypocrisy - something else we tend not to stand for - to myself.) It's an excellent book for reaching beyond tics, to understanding why I speak so candidly, to hints at what is the best way for me to learn, all the way to having the tenacity of a bulldog. I thought these personality characteristics in me were just individual flukes! Then I read about brother and sister Tourettics who share the same. I read the opening case stories and couldn't believe it. "That's me!" I exclaimed. Now, if only the medical community will catch up...

The information in this book is severely outdated. The research is from the 1980's. For one the author defines the disorder as a behavioral disorder which it is not. It is a neurological condition. For better information on Tourettes please go to either The National Tourette Syndrome Associations website or The New Jersey Center for Tourettes Syndrome. There you will find a list of up to date publication on Tourettes. The genetic research being done at Rutgers University which is designated as the National Gene Repository for Tourettes by the National Health Institute, is finding it is linked to histamine receptors in the brain. So please don't buy this book with outdated research. It would be like buying a book on cancer done in the 80's.

This book was written in 1990, and there have been great strides in research since then. Comings lumps too many other diagnoses into a description of Tourette Syndrome, which is confusing and can be catastrophic when you are trying to get the right treatment for an individual. Yes, SOME people with Tourette's have the other complications that Comings describes- but NOT ALL. It is fine to be treated for ADHD, OCD, TS, and other conditions if that is what you or your child has, but if

you don't have ADHD, OCD, and other conditions, you deserve to be treated only for what you do have. The book is also slanted because it is based upon research that represents those who seek treatment for TS, not the general population with TS. Most people who seek treatment for TS have more complicated problems than just tics. Research since this book was published is more inclusive of the wider population. For the best and most up to date information, stick with the Leckman/Cohen book. Or read Amy Wilensky's book. Stay away from Comings. So much has changed in 13 years of research into TS and the human genome.

This book is a great book for the patient diagnosed with Tourette Syndrome at the secondary and tertiary level of the disorder; or a person in a personal relationship with the same patient. They will understand and relate much more throughout the pages without a "Scare Factor". There are possible more severe co-morbid conditions the Dr. amplifies in the secondary and tertiary diagnosis which are not so prevalent in a first level diagnosis if at all. I do not give the book only 1 star solely for the purpose of some statistical analysis concerns which for the most part are of little value to most patients. It's a M.D. and Ph.D neurological posturing and arguing point for clinicians, researchers among many other peer review arguments. Nonetheless, the adjustment is warranted. One of the wonderful qualities of the book is the ease of language character for the lay reader in respect of the volume size and medical matter. It is not hard to understand the theories, line of reasoning, and detail Dr. Comings presents. True; the Dr.'s work is vastly based on those who seek treatment for the disorder, as would be expected because of his practice and leadership at the City of Hope. This is a plus however for those who seek treatment because it focuses on that range of patients. For that margin of patients it is illuminating and liberating to have a name and understanding by medical clinicians of what Tourettes has meant to them on their level. For a mild case of Tourettes, this may only be a book you can discover information about others who suffer from the disorder more than you. Don't let it scare you however. Even if your case is mild, the pedigree education, charts, tables, neurology, survey and more, can help you understand a riddle. "Having Tourettes is kind of like a riddle. Tourette Syndrome can be tough to understand and solve, however like a riddle, Tourette Syndrome can be quite easy to accept once you understand it." - Paul Marshall - Editor

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